

Information for Examination (SHINSA)

The examination tests the student's knowledge in Karate and the skill level which applies to the rank. Examinations are scheduled four times a year during the months of March, June, September, and December.

There are two kinds of ranks. The Beginner's (Novice) class and the Middle class rank are named KYUU.

From 10KYUU to 4KYUU is the Beginner's (Novice) class.

From 3KYUU to 1KYUU is the Middle class.

The individual belt colors start from white belt to brown belt. The higher rank is called DAN. It starts from SHODAN-first degree and the belt color is black. After SHODAN-first degree the belt color will remain black.

Please refer to the Yokota Karate School Web site (www.yokota-karate.com) for the main content of study and instruction.

The examination is the best method for the student to clearly understand the level of their abilities and the steps necessary to improve their Karate skills.

All Karate students acquire self-confidence through this experience.

Application for promotional examination

Date of application:

Day of examination:

Examinee's name:

Signature:

Guardian or parents' name:

Signature:

Examinee's date of birth:

Age:

Current rank:

kyuu

dan

Oath matter

It is understood that the examinee is responsible about damage and the result of the mind and body who happens while examining it.

I send the certificate of the Yokota Karate school to those who move up.

The belt is presented to those who pass the color belt free of charge.

The belt with the Gold name of the Yokota Karate school is presented to those who pass a black belt.

The applicant must fill in all necessary matters.

※Hand this application and money at the same time

Charge: \$30 per one person

Receipt

Date:

Your name:

Amount:

Yokota Karate School

※A receipt without a signature is invalid.

It is mandatory for the examinee to learn the [name of each stance and how to properly stand in the stance.](#)

HEISOKU/
MUSUBI/
HEIKOU/
HACHIJI/
NAIHANCHI/
SHIKO/
KIBA/
MOTO/
ZENKUTU/
SANCHIN/
NEKOASHI/
KOUKUTU/

Basic technique of movement.

GEDAN-BARAI.
CHUUDAN-SOTO-UKE.
CHUUDAN-UCHI-UKE.
JYUDAN-AGHE-UKE.
NEKO-ASHI-SHUTOU-UKE.
OI-ZUKI.
GYAKU-ZUKI.
MAE-GERI.
YOKO-GERI.
MAWASHI-GERI.

KATA

HEI AN
TAI KYOKU SHO-DAN

